

# Elevator

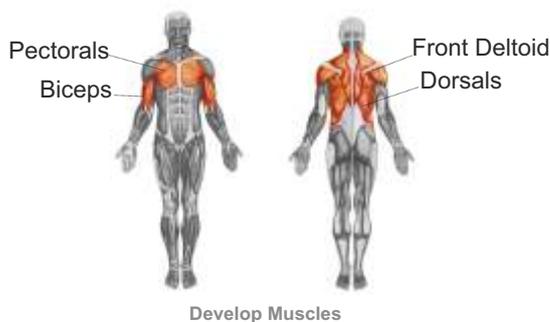
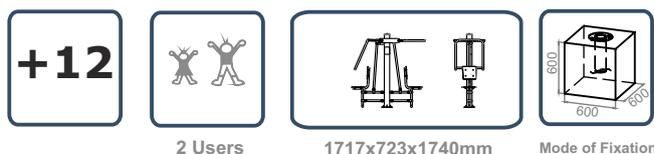
ref. G2601-2I



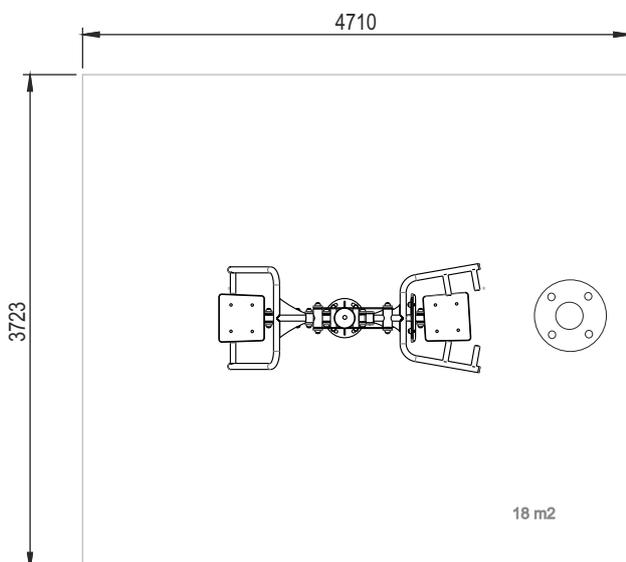
www.bragmaia.com



Data Sheet



## Security Area:



## Technical Characteristics:

Materials

Structure: Stainless Steel AISI 304;

Plastic parts: HDPE;

Ironmongery: Stainless Steel AISI 304;

Bearings: SKF rigid spheres with a shielded career on both sides (no need to maintenance and lubrication);

Finishing: Brushed;

Type of Fixation: by 1 negative provided;

Optional: Stainless Steel AISI 316;

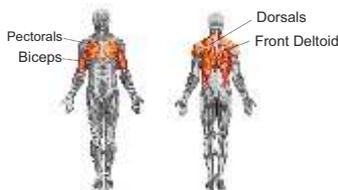
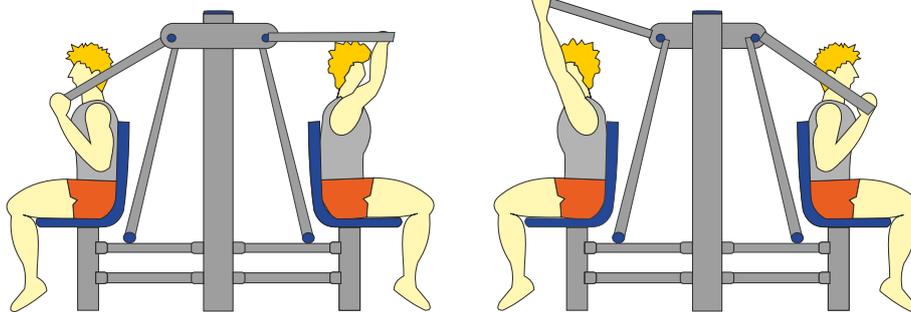
Note: You must ensure that the equipment is correctly installed at the negative. Align the drilling equipment before drilling negative as illustrated by picture.

## Maintenance

Every week: carry out a visual check on the general state of the element to make sure there are no breakages or damages to endanger users;

Every month: check that the joints move smoothly. Grease them if necessary. Ensure that the element is as structurally stable as when it was new. Check the state of all the screws, bolts and their protection;

Every year: check there is no corrosion on the metal legs. Check all ground fixings;



**+12**



2 Users

Develop Muscles

25 repetitions  
1 to 3 series  
Rest 30/60 seconds

**EXECUTION MODE:** Sit on the bench with your back well supported and grab the handles (black zone) with both hands. Elevator considered a motion replay of extension and flexion of the arms (pulling the bar up to the shoulder level and return to the starting position).

Pectorals considered a motion replay of extension and flexion of the arms (pulling the bar up to the shoulder level and return to the starting position).



**Caution:** Consult your doctor before performing these exercises. Children should be supervised by an adult.



**Bragmaia:** Zona Industrial das Cantarias, Rua Arq.º Viana Lima, lote 131, 5300-427 Bragança - Portugal