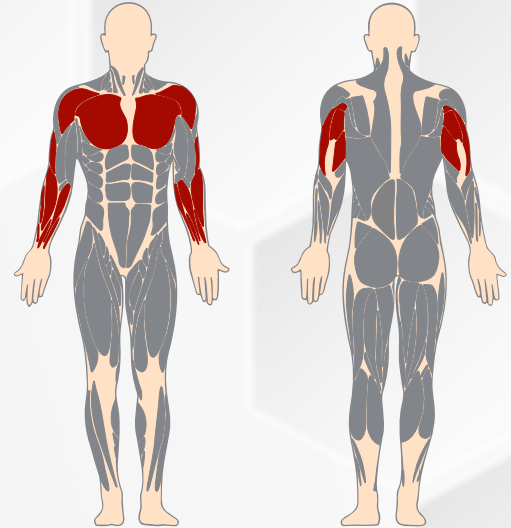


## BENCH PRESS

## MUSCLES TRAINED

CHEST / TRICEPS / FOREARMS

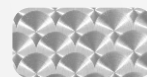


A **IVE Bench Press** device develops chest, triceps and forearms muscles.

IVE are recreational devices for outdoor training for every age group and every user level – from teenagers, through adults and seniors, to professionals.

IVE devices have an innovative solution of load regulation, thanks to which adjusting the weight to your training capabilities is extremely simple, fast, and safe.

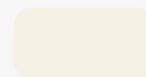
## COLORS



ENGINE TURNING  
STAINLESS STEEL



BRUSHED FINISH  
STAINLESS STEEL



RAL 9010  
PURE WHITE



RAL 9005  
JET BLACK



RAL 1023  
TRAFFIC YELLOW



RAL 2004  
PURE ORANGE



RAL 3020  
TRAFFIC RED



RAL 4007  
PURPLE VIOLET



RAL 5003  
SAPPHIRE BLUE



RAL 5012  
LIGHT BLUE



RAL 6018  
YELLOW GREEN



RAL 7016  
ANTHRACITE GREY

**TRAINING SEE  
SCAN THE QR CODE**



## SPECIFICATION

Length	280 cm
Width	98 cm
Height	108 cm
User height	+140 cm
User age	+ 14 years
Safety area	23,08 m <sup>2</sup>
Material	Stainless Steel
Standard	EN 16630:2015-06E
Certificate	CE / EU Declaration of Conformity
Weight adjustment	5 kg – 100 kg (x 5 kg)

**A device for chest press training to develop  
the muscles of the chest, triceps and forearms.**

1. Made entirely of stainless steel.
2. Load adjustment by moving the discs along pipes arranged perpendicularly and centrally in the axis of the exercising person.
3. Adjustable load from 5 kg to 100 kg with a difference of 5 kg.
4. Discs are protected against theft by the use of anti-theft screws, which require special tools to be removed.
5. The movement of the device is based on the mechanism of two stainless steel bearings.
6. Instruction plates made of 3 mm thick dibond, printed in UV technology, laminated with polyurethane.
7. Backrest and seat made of waterproof polyethylene with an additional UV absorbing screen.
8. Handles enabling the device to be gripped in two positions.
9. Dimensions: length 280 cm / width 98 cm / height 108 cm.
10. Designed for one person – up to a maximum of 180 kg.
11. Accuracy class: A – high accuracy.
12. Class of use: S – for professional or commercial use.