FSW21400

Over Under





The trained athletes will go over the high bar and underneath the low bar, while the beginners will do it the other way around. A great way to train, strength, agility, coordination and flexibility. The Over Under obstacle is a great example that everyone can be challenged at their own level. Because the bars are positioned closely to another, a combination of lower body and upper body strength is required to overcome this obstacle. Rounded corners makes it safe and simple for anyone to try exercises in which they swing over their legs over the bar.

Product Line	Sport & Fitness
Category	Obstacle Courses
Age group	13+
Max. fall height (CM)118	
Total height (CM)	118
Safety Zone	36.5 m2







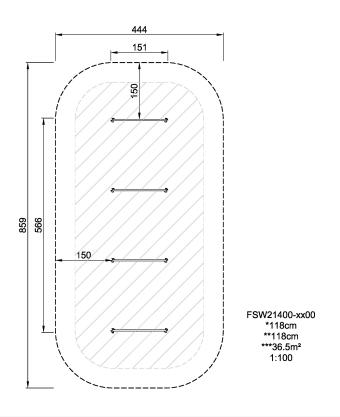


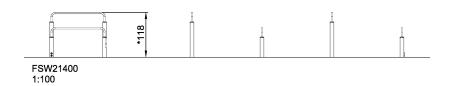
IN-GROU.











* = Highest designated play surface. ** = Total height of product.

Weight/heaviest parts kg. Installation (Manpower) 1 Persons

Concrete required NaN m3 **Installation (Hours)** 2 Hours

Foundation amount/footing NaN Excavation NaN m3